











Reception of National Table Tennis Teams by the French Amiens Sport Table Tennis club

For training sessions in order to prepare the Olympic Games in Paris 2024



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Introduction

Amiens Sport Tennis de Table is a table tennis club located in Amiens, a city in the North of France, 140 kilometers to the north of Paris (1h30 by car) (website: http://amienssport-tt.com/).

We propose, free of charge, our infrastructure and our equipments to your delegation in order to prepare the Olympics in Paris 2024.

Our key points are:

- Optimal table tennis equipments in a huge gymnasium
- Accommodation (hotels, restaurants, city center) close to the gymnasium
- The location of Amiens, a town in the north of France, near Paris (1h30) and near airports (Roissy Charles de Gaulle airport and Paris-Beauvais-Tillé airport).
- The members of a sport association motivated to welcome a foreign national table tennis team. We have some experience after welcoming twice the Japanese team in Amiens and foreign players in our professional team.
 - o Members of our club speak English. We can manage also to find translators.
 - As soon as the foreign players arrive in France, at the airport, we take care of everything.
 - We drive the players from the airport to the hotel in Amiens by **minibus** (free of charge). We can also help the delegation to book the **hotel**.
 - We offer the players a small bag with a map of Amiens, tourist brochures and gifts.
 - Several **shuttle**s drive the players from the hotel to the gymnasium (free of charge).
 - We offer **food, fruits, water and drinks** to the players in the playing hall (free of charge).
 - We can **accompany the members of the delegation** in the city for some visits or shopping.
 - We will do our best for the stay in Amiens to be the best as possible.
 Our aim is that the players focus their attention only on table tennis.

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Location and presentation of the City of Amiens

Amiens is the capital of the Somme Department in Picardy, a region in the north of France, located between the city of Lille and Paris the capital of France. The city has a population of 140,000 inhabitants. Amiens is well-known for its Gallo-roman past, its Gothic cathedral (13th century), and its floating gardens, *Les Hortillonnages*. It was the city of Jules Verne, the famous writer. The city is located close to the battlefields of the First World War (the Battle of the Somme 1916-1917) and is 80 km away from the sea and the natural park of Marquenterre.

Amiens is located 130 kilometers away from the Roissy Charles de Gaulle airport (1H20 by car), and 60 km away from the Paris-Beauvais-Tillé airport (30 minutes by car).

Amiens has its own railway station. It is also located 40 km away from the railway station TGV Haute Picardie to take high speed trains. A bus takes passengers to and from Amiens (40 minutes).

<u>Map from Amiens</u>: http://www.viamichelin.fr/web/Cartes-plans/Carte-plan-Amiens-80000-SommeFrance?strLocid=32NDJ4Zjg1ODAwMDAxMGNORGt1T0Rrek9Eaz1jTWk0eU9UUX http://www.viamichelin.fr/web/Cartes-plans/Carte-plan-Amiens-80000-NUT09



Location of Amiens on the map of France

Location of Amiens, Charles de Gaulle Airport, Paris-Beauvais-Tillé airport, Railway station TGV (high speed train) Haute Picardie and Paris



Aerial view of Amiens and the cathedral



Aerial view of Amiens and the cathedral

Presentation of the Amiens Sport Table Tennis Club

The Amiens Sport Table Tennis Club was founded in 1945.

It has 215 members and 14 teams from the National to the Departmental levels (Men, Women, Youth).

The club won the National championship title from 1967 to 1969 and since the 1960's it had players, seniors and youths, with a national rank. At the moment our best team plays in the National 1 League.

The club has already organized national and international events: Friendly Team contest France/Japan (1976), Friendly Team contest France/Poland (1981), French International Open Junior/Cadet (1982), friendly team contest France/China (1984), the French National Championships (1998) and every year the National Tournament of Amiens. It organized numerous regional and departmental competitions, including for wheelchair and disabled (adaptive sport) athletes.

The club has welcomed the Japanese team twice in 2013: the senior team (33 people in May 2013 for training sessions in order to prepare the World Championship in Paris, France) and the junior team (15 people in November 2013 for training sessions in order to prepare the Junior World championship in Rabat, Morocco).



The senior Japanese team in Amiens (May 2013)



The junior Japanese team in Amiens (October 2013)



The Japanese team in Amiens



The Japanese team in Amiens

Location of the Gymnasium and accommodation

The Amiens sport table tennis gymnasium, *Salle Albéric Labaume*, is located at 304 rue Gaulthier de Rumilly, 80000 Amiens (Tél : 33 3 22 95 37 99, Mail : astt@wanadoo.fr).

The gymnasium (1) is 2 km away from the city center (4).

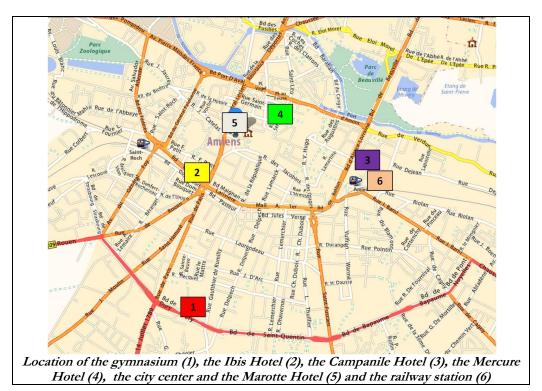
Four comfortable hotels stand close to the gymnasium (we can manage to negociate good prices):

- The 2 star *Ibis Hotel* (2) (located 4 rue du Maréchal de Lattre de Tassigny, Amiens, Fax: (+33)3/22916750, telephone:(+33)3/22925733, website: https://www.accorhotels.com/fr/hotel-0480-ibis-amiens-centre-cathedrale/index.shtml
- The 2 star *Campanile hotel* (located *Boulevard Paul Tellier*, *Amiens*, telephone (+33)322660808) website: https://www.campanile.com/fr/hotels/campanile-amiens-centre-gare
- The 3 star Mercure Hotel (4) (located 21-23 rue Flatters Amiens, Téléphone : (+33)3/22 80 60 60, Fax : (+33)3/22 80 60 61, Mail : h7076@accor.com, website : http://www.mercure.com/fr/hotel-7076-mercure-amiens-cathedrale/index.shtml
- The 5 star *Marotte Hotel* (located 3 rue Marotte Amiens, Telephone: (+33) 360125000, website: https://www.hotel-marotte.com

The distance between the Gymnasium and the *Ibis hotel Ibis* is 2.2km, the distance between the gymnasium and the *Mercure hotel* the *Marotte Hotel* and the *Campanile hotel* is 2.7 km.

The distance between the gymnasium and the railway station (Gare du Nord, place Alphonse Fiquet, Amiens) is 2 km

We can book the hotel for your delegation.



Playing Halls

The Albéric Labaume Gymnasium has 2 playing halls, each contains 12 tables (total 24 tables).

The playing grounds have an access for wheelchair athletes.

For your training you can use the main playing hall, certified by the French Federation of Table Tennis (FFTT). Its surface is 500 m², 35 m long, 17 m wide and 12 m high.

The gymnasium is heated (gas heating), and lit by LED lamps with a light intensity of 800 lux uniformly over the playing surfaces.

The playing ground is made of beige resin. The walls are painted with a black, brown or dark yellow color.

The playing Hall contains 12 tables but 6 playing spaces can be made with international playing conditions (14 m long, 7m wide). The playing areas are enclosed by 60 cm high dark blue Cornilleau table partitions.

The tables are *Cornilleau Competition 840 dark grey wood and 740* Indoor Rollaway blue tables.

There are public galleries on one side of the playing ground where 150 people can sit.



The main playing hall (picture from the meeting room)



The main playing hall



The second playing hall



The second playing hall

The second playing hall is 400 m², and also contains 12 tables.

We can provide to your team: umpire Cornilleau tables and chairs, compact Cornilleau solid plastic point score indicators, Cornilleau towel boxes, one table tennis robot and one recycling net for training services, and lot of training table tennis balls.

The playing hall has sound equipment with a microphone, and there is a possibility to play some music.

We offer food and drinks to the players and coaches in the playing hall (free of charge).

Same playing conditions than in the Olympics

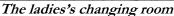
We have the project to buy 2 tables, identical to those that will be used in Paris 2024, and the same Taraflex floor, in order to create and reproduce the same playing conditions than in the Olympics.



Changing rooms

Changing rooms are of a good standard (50 m² each, men and ladies changing rooms) with benches and coat racks, with 6 collective showers and one locked restroom and two urinals in the men's changing room, and 3 individual locked showers and one locked toilet in the ladies' changing room. In the second playing hall there is a locked restroom for disabled athletes and two other similar changing rooms for men and ladies.







The showers

Meeting room

The gymnasium has a meeting room, a bar, a small kitchen and two offices on the first floor.

The meeting room has a surface of 30 m² (6m long, 5 m wide, 2,5m high), with benches, chairs, tables and a TV set. It can accommodate 30 people.

There is a computer in one office with internet connection, and a photocopier.

The bar has a huge fridge to stock up cold drinks and there is an electric coffee-machine and a single sink.

The kitchen is small with a surface of 4 m². It has two hot plates, a single sink, cupboards, dishes (plates, glasses), a small fridge, and a microwave oven to reheat ready-made meals. We can also lend a grill, a pancake machine, a toaster, or a waffle machine.

The meeting room can be used to have meals.

The club has free WIFI.



The meeting room



The bar



The office with the photocopier and computer with internet connection



The small kitchen

Shopkeepers and restaurants near the gymnasium

There is a **butcher's shop** in front of the gymnasium where ready-made meals can be bought.

There are two **bakeries**, another butcher's shop and a **small grocer's shop** 300 meters from the gymnasium (10-20 rue Gaulthier de Rumilly).

There is a **supermarket** 3 km away from the gymnasium (*Supermarché Auchan*, Route de Paris, Dury les Amiens).

There are a lot of **restaurants** from 1 to 3 km distant from the gymnasium: Saveurs d'Asie 106 rue du Maréchal de Lattre de Tassigny, near the Hotel Ibis (Thai food), Le Mandagon 21 place Alphonse Fiquet, near the railway station and the Perret tower (Chinese food), Himalaya close to the circus (Indian food), Quick Amiens Sud rue Paul Claudel (fast-food), Pizza Pai avenue de Grece (Italian food), Buffalo grill avenue de Grece (burgers and meat), Le comptoir du Malt avenue de Grece (meals and brewery), L'Aubergade 78 route Nationale Dury (one star in the Guide Michelin gastronomic restaurant),...

An **Automated Teller Machine (ATM)** stands in a bank 200 m away from the gymnasium (*Caisse d'épargne* 150 rue Delpech).

There is a **Sport shop** 2.5 km away from the gymnasium (*Décathlon*, rue de Grece) where you can find some equipments for table tennis practice.

Other sport activities

Fields with tracks are 300 m away from the gymnasium (1) for jogging or mountain biking races.

There is a **tennis club** (Amiens Athletic club) close to the gymnasium with clay courts and a fitness club.

There are two other **fitness clubs** 2 km away from the gymnasium and 500 m away from *Ibis Hotel* for body-building (*Biogym* 65 route de Paris, *California* 26 rue Lavalard.

There is an **Olympic-size swimming pool** 2 km away from the gymnasium and 100 m away from *Ibis hotel (Coliseum* rue Caumartin).

Medical service

There is a defibrillator in the gymnasium.

For emergency: we call the SAMU (emergency medical service, tel: 15)

Medical center: University hospitals with all departments of medical specializations: *CHU Amiens Sud* (avenue rené Laennec Salouel, 3.3 km away from the gymnasium, tel 03 22 45 60 00) or *CHU Amiens nord* (place Victor Pauchet, 3.9 km away from the gymnasium, tel 03 22 66 80 00)

General practitioner: 200 m away from the gymnasium: *Laurent Valentin* 48 bis rue Gaulthier de Rumilly (tel 03 22 44 08 41), *Bats Dominique* rue Andre Chenier (tel 03 22 95 03 95)

Sports Medicine doctor: 1 km away from the gymnasium: Patrick Poppe, 19 rue alberic de calonne, 03 22 95 76 81.

Physiotherapists: 200 m away from the gymnasium: *Balestri Hélène* 122 rue Gaulthier de Rumilly (tel 08 99 10 41 98), *Brouland Franck* 126 rue Gaulthier de Rumilly (08 99 10 41 84),...

Osteopaths: 2 to 3 km away from the gymnasium: *Alexandra Bonnet* 12 rue Martin Bleu Dieu (tel: 06 89 89 56 43) *Martin Galand* 100 rue Edmond Rostand (tel: 03 22 41 51 20)



Relaxation and tourism

- **4. The city center** is 2 km away from the gymnasium and is close to the Ibis and Mercure Hotels It has a lot of various shops (dress shops, perfume shops, bars,...)
- **5. Cinema** (some films in original language): Gaumont 3 boulevard de belfort 2 km from the gymnasium
- **6. Cafés_**: Quartier Saint leu, quai Bélu 2 km away from the *Ibis Hotel*, 200 m from the *Mercure hotel*
- **7. The cathedral**: 3 rue Flatters (2.5 km away from the gymnasium, 1 km away from the *Ibis hotel*, 500 m from the *Mercure hotel*). One of the most beautiful Gothic cathedral (13th century) of France, recorded on the World Heritage List of UNESCO.
- **8.** The house of Jules Verne: 2 rue Charles Dubois (1.7 km from the gymnasium) http://www.jules-verne.net/maison-jules-verne.html

The tombstone of Jules Verne: Cimetière La Madeleine rue Saint Maurice (4 km from the gymnasium)

- **9. The Jules Verne circus** : *Place Longueville* (1 km from the gymnasium). One of the last stone made circuses in France.
- <u>10</u>. The Perret tower: place Alphonse Fiquet in front of the railway station, built in concrete by the architect Auguste Perret; it was the highest building by Europe in the 50's.
- **11. The Museum** : *Musée de Picardie* 48 rue de la république (1 km away from the gymnasium) with interesting Archeological and Gallo-roman collections.
- **12. The Hortillonnages**: Visit the floating gardens on a boat: 54 boulevard de Beauvillé (3.5 km away from the gymnasium). Or rent canoe: Club nautique de Rivery 13 impasse Motte http://www.hortillonnages-canoe.com/-/ (4.6 km from the gymnasium).

Around Amiens:

The Marquenterre Natural Park: Ornithologic park and nature reserve in the bay of the Somme on the Picardy coast, 80 km away from Amiens http://www.visit-somme.com/somme_tourisme/decouvrez/cote_picarde/la_baie_de_somme.

First World War Battlefields: 10 km to 60 km away from Amiens: Battlefields of Villers-Bretonneux, Albert, Hamel, Péronne (with its museum: Historial de la Grande Guerre: http://en.historial.org/).

Reims: 170 km away from Amiens, 1H30 by motorway (Cathedral, Champagne caves,...)



The gymnasium (1), the Ibis hotel (2), the Mercure hotel (3), the city center (4), the Gaumont cinema (5), the cafes in quartier Saint Leu (6), the cathedral (7), the house of Jules Verne (8), the circus (9), the Perret tower (10), the museum (11), the Hortillonnages (12).



4. The City Center



5. The Gaumont cinema



6. Cafes and restaurants in Saint Leu district



7. The Cathedral



8. The House of Jules Verne



The Tombstone of Jules Verne



9.The Circus





11. The Museum



12. The Hortillonnages (floating gardens)



13. The Marquenterre Park



14. The Australian memorial of Villers Bretonneux

We will take care of everything.

You will just have to focus on
table tennis.

SO, JOIN US FOR YOUR PRACTICE BEFORE THE OLYMPICS!

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